

DO YOU JITTER BUG OR SWING? Meet local senior ‘Tony Two’ and join the nostalgia of this military veteran who still gets his dance on!

Tony Two’s Health Used to be a Problem, Now He’s “Like a Teenager Again”

Tampa, FL – Charles Anthony Foster, aka Tony or Tony Two, will be 79 in April. He’s part of the Tampa Bay Beach Boppers, a local swing dance club where they meet wherever they can get a location! You can find them though every other Friday night at the Cop Shop off Tampa Road, where they have about 100 of their members all swinging and doing the jitter bug or shag.

“I’ve been dancing my whole life, but in WW2, I remember the young men and women swing dancing. I just loved it.” says Foster.

But something was happening to ‘Tony Two’ that may have halted his ‘Out and Back’ or ‘Drop and Hop’ dancing. It was his health.

“Well, first I was having pain in my legs and numbness in my feet when dancing. I was working on my blood pressure and cholesterol too.” explains Foster. “I’ve been going to the doctors for a long time and they treated me well, but it took special doctors who really looked into my health to get me back to feeling great.”

The worst was Foster’s pain in his legs and feet when he danced – he couldn’t bear the thought of not being able to dance for hours! Fortunately for Tricare military insurance, the procedure to treat his [varicose veins](#) was no problem.

“Tony is such an energetic patient and we wanted to get him dancing again as quickly as possible,” explains [Jeffrey Hunt, D.O.](#) of the Vein & Cosmetic Center of Tampa Bay. “Having great health and being able to dance is such a huge part of his life. We wanted to ensure he got that part of his life back.”

“Dr. Hunt did just that – gave me my life and dancing legs back!” says Foster.

Dr. Hunt has performed more than 115,000 nonsurgical vein treatments since 1992 and uses the advanced methods of ultrasound guided foam [sclerotherapy](#) and [CoolTouch Endolaser](#) for the treatment of varicose veins – and he mentions, ‘treating Tony was special - I could see the hope in his face during the treatment.’

The show must go on

“I don’t have this numbness anymore – can dance for hours!” Foster is still working on his blood pressure and now his tests are coming back great. Vitals are looking good. “I have never been in a good range in years! It’s because of dancing and eating right! **I’m almost like a teenager again!**”

Foster explains in a very wise and energetic manner, “Part of being healthy is enjoying life! Enjoying life is being life. I like to make people laugh and live life.”

A military man... and a dancer?

“I liked dancing before, but I wasn’t in a club. I had done swing dancing since I was in the military. I danced all my life, even since I was a teenager.” Foster spent 22 years in the military in not one, not two...not three – but four branches. At a high school age Foster jumped from the Navy, back to high school to the Air Force, to a marriage and children then back again to the National Guard and Army. He’s been to countries all around the world including Germany, Korea and Vietnam. He even went back to school earning a college degree in computer programming and business. But through all that – what was his *real* passion? You guessed it - dancing!

“I have a lot of women ask me to dance – women know if you’re a good dancer or not,” says Foster. “Women say, ‘Would you come over and dance with me later? I know you’re easy to dance with.’”

Foster knows how to have a good time, be relaxed and meet friends in his dance club. “I yak a lot and join all the clicks in the clubs! We dance with other women, married or not...it works out well if you’re not jealous.”

With his health back on track and a goal to “enjoy life” and make the people around him love, laugh and live life to the fullest – *Tony Two* recommends one thing. Just dance.

About Vein Center of Tampa Bay:

Jeffrey A. Hunt, D.O., R.V.S. is the Medical Director of Vein & Cosmetic Center of Tampa Bay and Stunning Looks™ Medi Spa, serving Tampa Bay and St. Petersburg, Florida since 1992. He is a pioneer in the treatment of venous disease and is among the first physicians in the nation to earn a new certification from the American Board of Phlebology (ABPh) for vein treatment. The Vein & Cosmetic Center of Tampa Bay is located at 3001 N. Rocky Point Drive East, Suite 125 in Tampa. For more information contact (813) 282-0223 or visit <http://www.VeinCenterTampa.com>.