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NO PAIN, NO VEIN

After Conquering a Marathon, Captain John Bruns is Once Again Threatened by Varicose Veins.

TAMPA – FL, Captain John Bruns never had to worry about his sea legs until painful varicose veins threatened to put him out of commission. After receiving ultrasound guided foam sclerotherapy—a non-surgical, non-invasive procedure—he was able to conquer the Marine Corps Marathon in 2006. Now, vein trouble in his other leg has driven him to seek treatment once again.

Bruns served in the Navy for 26 years and remains on active duty. His job requires him to stand watch for hours on end, a simple task for the experienced officer. However, when Bruns developed varicose veins in his left leg, his normal duties caused it to throb in pain.

“It required me to sit down and rest the left leg for a period of time to recover,” he said.

After he could no longer ignore the pain, Bruns sought ultrasound-guided sclerotherapy treatment from Dr. Jeffery Hunt at the Vein Center of Tampa, one of the first clinics in the nation to utilize the procedure. Dr. Hunt used an ultrasound to guide a series of injections into the problematic veins. While the process is not particularly well known, the results are remarkable. Bruns’ pain—along with the puffy, protruding veins—disappeared completely.

“[Dr. Hunt provided] absolutely top notch service,” Bruns said. “His methods have been 100% successful.”

Bruns ran the 2006 Marine Corps Marathon in Washington D.C. 12 months later. The race traveled a grueling 26.2 miles through the nation’s capital and served as the ultimate test of endurance for the 50-year-old.

“After my right leg was treated by Dr. Hunt, it lasted the entire marathon with no pain,” he said.

Bruns’ workouts once again became routine and it was not long before he detected trouble veins in his opposite leg.

“I specifically asked my healthcare provider to send me to Dr. Hunt because of the success he had with my left leg,” he said.

In a few weeks, Bruns will once again resume treatment. As a member of Tricare insurance which military employees carry, all of Bruns’ medical expenses for his varicose veins are covered at the Vein Center of Tampa Bay. Once the treatment is complete, his legs will be able to carry him from the bow of a ship to the course of a marathon, and beyond.

Media Inquiries: To set up an interview with John Bruns or Dr. Hunt, please contact Jennifer Vickery (727) 946-2082 or Michele Maloney (727) 230-9265.